



Atlantic Beach Enjoy it anytime of the year

The daytime temperatures in the Atlantic Beach NC area are still pretty moderate, averaging in the high 60s up to 70. While that's too cool to do much sunning and swimming (unless you surf or snorkel in a wet suit), there are still plenty of things to do to make this time of year at the beach enjoyable.

From Beaufort to the north to Pine Knoll Shores to the south (Atlantic Beach is in the middle) there are some 192 restaurants serving everything from fresh seafood, clams and shrimp to Mexican to Pizzas and everything in between. The atmosphere in the restaurants is just as varied, from elegant to casual, and from fun and family friendly to steak house and sushi bar.

And if you're worried about what all that good food is going to do to your waistline, then go to the Beach Wheels Bike Rental, where they brag that they have "Different Spokes for Different Folks". Beach Wheels rents adult bicycles, children's bikes, adult tricycles, beach cruisers, tandems and tag-alongs. Delivery and pickup are free. They have daily, 3-day and weekly rentals, all with individual or family rates. There are free baskets, locks and child seats with every rental if needed.

But of course you can't eat or bike all the time. This is a good time of year to take a popular Water Bug Tour. It's an old-fashioned boat ride as you cruise the creek along the Historic Beaufort waterfront, which is just across the bay from the northern tip of the spit of land called Atlantic Beach. Just keep a lookout for wild ponies, dolphins and their babies, diving pelicans and soaring gulls and take your camera.

For more information about vacations to Atlantic Beach, NC visit <http://rooms101.com/category/atlantic-beach>